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INTRODUCING A METHOD FOR MAPPING RECREATIONAL EXPERIENCE

Innovation in two pilots in Sheffield

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**Andrej Christian Lindholst,
Nicola Dempsey
Mel Burton**

Summary

The provision of recreational opportunities for urban populations forms an important and long-standing planning and management objective. In this paper, 'rec-mapping', an innovative method of analysing and mapping positive recreational experiences in urban green spaces is explored and piloted within the UK planning context. Originating in the Nordic countries, this on-site method can provide urban planners and designers with data about the extent to which specific green spaces provide a range of user experiences to develop and support appropriate recreational use. Considering a range of experiences encountered when in such spaces currently does not form part of existing open space assessment tools. The investigation reported here is based on the application of rec-mapping in two test sites in Sheffield, South Yorkshire in early summer 2010. This paper critically appraises a small-scale application of rec-mapping and recommends further explorations within the UK planning context, as it adds to existing open space assessment by providing an extra layer of information to analyse more fully the recreational function of urban green spaces.

Keywords

Recreational facilities, town and city planning, urban generation

1. INTRODUCTION

One long-term value and function of urban green spaces can be attributed to their potential to support recreation activity which in turn contributes positively to the wellbeing and health of urban populations. In the UK, this is reflected in the origins of public park establishment during the industrialization era when they were created as spaces in which residents could escape temporarily from everyday urban life, get some fresh air and take a walk: all long identified as having health benefits (Conway, 1991). While leisure and recreational activities today are different to those of the Victorian age, it can be argued that the ecological, social and, economic values and functions remain mostly the same (Newton, 2007). In this way, urban green spaces and their recreational function continue to form an important component of the urban landscape. In a planning perspective, the challenge is to deal with the recreational qualities of urban green spaces in a way that is meaningful and connects to the urban population use of these spaces.

UK planning authorities often approach the conceptualization of recreational functions through categorisations of urban green space using broad and arguably vague terminology such as *country park*, *city park*, *local park*, *garden*, *sports facility*, *woodland* and *playground* provided in inventories such as Planning Policy Guidance 17 (DCLG, 2002). Minimum quality standards for facilities and levels of maintenance are set by national bodies and measured using tools such as the Local Environmental Quality Survey of England (LEQSE) and the Green Flag Awards. However, these tools do not measure the recreational value of these urban green spaces or the experience to be had therein. Perhaps because recreational quality is so deeply rooted in our understanding of urban green spaces, and these spaces are routinely assessed through objective characteristics, standards and designs, this quality is often not acknowledged in any systematic way as dependent on one's personal experience of a space rather than objective and quantitative measures.

It is argued in this paper that there is a real gap in methodological tools used in the UK which measure use of urban green space which should be addressed in relation to one's experience in a space. What is here called 'rec-mapping' is part of a body of methodological tools developed in Scandinavia which measure users' experiences in green space to inform the urban planning and design process. This paper puts forward the proposal that 'rec-mapping' could form part of this process in the UK by incorporating an assessment of recreational experience, and provides a discussion of how 'rec-mapping' might address this. The methodology is critically presented and has been tested in a small-scale pilot study with planning professionals in two sites in Sheffield. The paper then discusses the methodological challenges of applying 'rec-mapping' and provides reflections and recommendations.

2. QUALITATIVE ASSESSMENT IN THE UK PLANNING AND DESIGN CONTEXT

The benefits of green and open space in urban areas have long been cited and recognised in UK policy (DCLG, 2006; Bell *et al.*, 2007). There has been a sustained commitment to improving green and open space over the last decade or so in an attempt to stem the long-term decline in quality of parks and green spaces during the late 1970s-1990s (DCLG, 2007). It is too early on in the current government's tenure (from May 2010) to assess their political

43 influence on the quality of parks and green spaces, although factors such as the abolition of
44 the Playbuilder programme alongside local authority budget cuts suggest that continuing
45 such open space improvements may be a considerable challenge. This sits within a suite of
46 policies which relate to sustainable communities and liveability which support the claims that
47 high quality living environments can have a positive influence on the everyday life of users
48 and residents (Dempsey, 2009). In practice, this manifests itself as the increasing use of
49 consultation which has become an important part of the formal urban planning and design
50 process in the UK. The 1999 Local Government Act made it a legal requirement for local
51 authorities to consult widely with users on aspects of the activities and services provided,
52 marking a move towards a modernised agenda of localised decision-making (Burgess *et al*,
53 2001).

54 In relation to open space provision in general, the planning process can be broken down into
55 a number of broad steps which are succinctly summarised by Cowan *et al.* (2010). Firstly
56 there are pre-application discussions which involve the client/ developer, the design team
57 and the local authority and include the creation of the project brief, the initial proposal and
58 any initial consultations. This is followed by the creation of the design and access statement
59 by the design team which is informed by a design review panel which may revise the
60 proposal itself. The application is then submitted which is followed by a process of appraisal
61 by firstly, consultees which follows formal consultation and secondly, the local authority. The
62 planning decision is then made by the local authority, with reference to these preceding
63 stages. It can be argued that qualitative assessment should form a part of consultation in the
64 planning process from the outset to ensure that user needs are fully taken into account.

65 There are several existing methods of qualitative assessment which measure open spaces at
66 varying levels of detail. These methods differ in terms of who provides the assessment and
67 how, the depth of the information provided and how it is used. At one end of the spectrum,
68 where relatively broad-brush data are collected, one example is the **Local Environmental**
69 **Quality Survey of England** (LEQSE). This is conducted by Keep Britain Tidy and measures
70 local environmental quality using a range of indicators including cleanliness, 'environmental
71 crime' such as graffiti and standards of maintenance of soft and hard landscaping (Keep
72 Britain Tidy, 2010) in identified areas of different land uses, including 'recreation areas'.
73 Surveyors are specially trained and subjectivity is kept to a minimum. As they do not ask
74 users about their opinions this can be described as an 'expert-led' assessment method. A
75 more inclusive approach can be found in **GreenSTAT**, which allows residents to comment on
76 the quality of their local open spaces, and how well they are maintained and managed
77 (GreenSpace, 2006). This is an online tool which collates and aggregates individually
78 entered data anonymously for the use of park providers and managers as well as
79 GreenSpace, the charity which oversees GreenSTAT (CABE Space, 2010). Respondents
80 are asked to comment on aspects including their use of a particular green space and why
81 they do so as well as reasons for *not* using these spaces. The questions are closed providing
82 little opportunity for respondents to provide any in-depth commentary on what they like or
83 dislike about their local green spaces. The resulting datasets of 'accurate and reliable visitor
84 feedback' cannot be accessed by the general public: they can only be used by local authority
85 practitioners as part of their process of 'informed decision making' (GreenSpace, 2010). In

86 this way, they can be used to inform green/ open space strategies and management plans
87 for specific spaces to identify where, for example, physical improvements might be made
88 (ibid.).

89 GreenSpace advises that GreenSTAT can be incorporated into entries for the **Green Flag**
90 **Award**. Partly developed in response to declining standards and a growing awareness of the
91 importance of urban green spaces in the UK, the Green Flag scheme has become a
92 significant benchmark for parks and green spaces which assesses and promotes high quality
93 urban green-spaces (DCLG, 2006). The Green Flag is awarded to parks and green spaces
94 according to a range of criteria, including objective measures such as cleanliness and
95 pesticide use, and the presence and implementation of a management and marketing plan
96 (Greenhalgh and Parsons, 2004). It also includes a qualitative assessment which measures
97 perceptions of how welcoming, safe and healthy a place feels. This is measured by the
98 visiting Green Flag judges who are drawn mainly from local authorities and the wider green
99 space sector (ibid.). While the Green Flag does not directly call on users for their perceptions
100 of, and attitudes towards, a particular green space, evidence must be provided to the judges
101 of community involvement, consultation and community-led activities. Specific reference is
102 made to recreation insofar as the management plan must 'demonstrate that there are
103 appropriate levels of recreational facilities and opportunities for all sectors of the community'
104 (Civic Trust, 2008, p. 12). So while there may be some data collected which calls on users'
105 recreational experiences, they are aggregated and subsumed into the overall Green Flag
106 assessment: there is no formal place for such assessment in the method. While the Green
107 Flag Award puts the onus on the park providers and managers to forge and maintain good,
108 long-term relationships with community members, indicating that community consultation is
109 an ongoing process, and not just form a part of an evaluation exercise, there is no focus on
110 users' recreational experience *per se*.

111 A more direct assessment of green space is provided by **Spaceshaper** which was developed
112 in the UK by the now defunct Commission for Architecture and Built Environment (CABE) as
113 a method of measuring quality of space combining quantitative and qualitative assessments
114 for application to spaces in need of improvement (CABE Space, 2007). Like the Green Flag
115 scheme, Spaceshaper is designed to form an ongoing evaluation tool as part of a long-term
116 approach to open space management. It is a participatory appraisal method which uses site
117 visits conducted by a group of stakeholder participants made up of residents and users, led
118 by a trained Spaceshaper facilitator. The workshops can be adopted into consultation
119 exercises, which can 'help widen the discussion beyond just litter and anti-social behaviour'
120 (ibid., p. 14). This allows the park or green space under scrutiny to be examined as a whole,
121 rather than as a group of individual components. Spaceshaper asks participants to rate the
122 site against a range of characteristics which relate to use, access, community, design and
123 how the space makes them feel. Spaceshaper has been used by local authorities (such as
124 Nottingham City Council) to gauge different users' opinions of, and attitudes towards, their
125 green spaces and adopted as a means of assessment of quality before and after investment
126 (CABE, 2011). While Spaceshaper allows participants to comment on the activities and
127 opportunities provided by a space, it does not measure the recreational experience further
128 than asking how the participants 'feels' about a green space. Spaceshaper results have been

129 applied in different ways including some incorporation into future urban designs and plans,
130 and adoption as a means of assessment by local authorities (CABE Space, 2007).

131 Finally, **experiential landscape (EL) mapping** offers a further example of measuring
132 experience in the environment. Applied at a variety of scales, EL mapping has been
133 developed to shed light on how people attach significance and value to places, how people
134 orientate themselves when in an environment and how a sense of belonging is developed
135 (Thwaites and Simkins, 2007). Its main purpose is to explore the concept of place character,
136 partly through one's different experiences of that place, including recreational. One's spatial
137 experience is represented by four concepts: centre (the 'here'), direction ('there'), transition
138 ('change') and area ('overall coordination') (ibid.). Examples of its application include
139 contribution to a rural village's design statement through workshops and interviews with
140 residents, and participation with schoolchildren to create designs for improving school
141 grounds (Experiential Landscape, 2010). This differs from 'rec-mapping' as it is broader in its
142 scope and scale, focusing on a wide range of experiences.

143 The discussion above highlights the contribution that qualitative assessment of open space
144 can make to the urban planning and design process, however it should be noted that such
145 inclusion is not statutory. These methods provide varying degrees of information about users
146 and their requirements when using spaces. However, none of these methods directly
147 measure one's recreational experience when in a particular green space, pointing to a
148 potential gap that needs to be addressed. This is particularly important when applying for
149 funding, or protecting existing budgets as evidence will be required to demonstrate how
150 spending makes a difference to residents and users of open spaces (ibid.). The next section
151 presents rec-mapping as a method which addresses this gap.

152

153 **3. 'REC-MAPPING': MEASURING RECREATIONAL EXPERIENCE**

154 In the Nordic countries – particularly in Sweden, but also in Denmark and Finland – various
155 research and planning efforts over the last 25 years have sought to elaborate systematic
156 measurement and analysis of the urban green space experience. Methods developed to do
157 this have been applied to help planners and designers understand the recreational qualities
158 of urban green spaces based on how urban populations perceive and experience these
159 spaces. The tradition includes methods that integrate various research supported concepts
160 such as 'experience classes' (Caspersen and Olafsson, 2010), 'experience worlds'
161 (Regionplane- och trafikkontoret, 2001), 'sociotopes' (Stähle, 2006), 'social values'
162 (Tyrväinen *et al.*, 2007) and 'park characters' (Berggren-Bärring and Grahn, 1995; Nordh,
163 2010).

164 Building further on this tradition, Grahn and Stigsdotter (2010) highlight eight 'sensory
165 perceived' dimensions – or, in short, people's own personal 'experiences' of the recreational
166 qualities in urban green spaces and their relative importance for mental health. This research
167 tested the hypothesis that people perceive urban green spaces in terms of different
168 dimensions, some more important and preferred than others. Through empirical research,
169 calling on data from a sample of over 900 randomly selected Swedish urban residents, they
170 identified eight 'experiences' encountered in urban green spaces which are listed and

171 described in Table 1. They are: 'nature', 'rich in species', 'serene', 'space', 'refuge',
 172 'prospect', 'social', and 'culture'. Researchers have sought to develop this methodology
 173 through innovative applications, utilising the eight experiences as a framework for addressing
 174 broader knowledge needs in a planning situation. For example, Randrup *et al.* (2008) and
 175 Grahn and Stigsdotter (2010) focus on those dimensions of recreational experience
 176 associated with mental health. In Denmark, the method of mapping recreational experiences
 177 through on-site analysis has been used in studies of the quality and public use of green
 178 spaces (Schipperijn, 2010) and sought adopted further for application in park and nature
 179 management (Lindholst *et al.*, 2010, Lindholst, 2010). Findings suggest that urban green
 180 space is sought out which provides recreational activities and qualities that urban residents
 181 specifically require.

182

Nominal name	Short description/interpretation	Important characteristics
Nature	Experience of the free growing, untouched, vital: an encounter with nature.	No visible man-made facilities or traces, visible or audible. 'natural areas'.
Richness in species	Experience of richness in plants, insects and/or animals.	Presence of different or special plants, flowers, insects and/or animals. Possibility to gather mushrooms, fruits etc.
Serene	Experience of an undisturbed peacefulness, to be on one's own, in safety and withdrawn: at one with natural surroundings.	No artificial noise (e.g. transport), few or no other humans, no litter, no paths/transport corridors.
Space	Experience of an independent, homogeneous, inter-connected and special 'universe'.	No cross-cutting paths or disturbing features. At least two types: A 'avenue of old beech trees' or 'an open horizon', e.g. at a lake/the sea.
Refuge	Experience of safe surroundings and facilities for expression, play and interactions with other people.	Demarcated and uncluttered space/place by trees, bushes, fences. Play facilities, tables/benches, meet animals: e.g. 'playground'.
Prospect	Experience of open and free surroundings for expression and activity.	Open and accessible space with grass/ sports fields. Supporting facilities such as lighting, changing rooms: 'the common'.
Social	Experience of organized and entertaining scene and getting together with other people.	Facilities, services, activities, café, restaurants, benches, tables, barbeque and entertainment: 'a social scene'.
Cultural	Experience of cultivated, man-made surroundings formed by history and/or culture.	Historical features and buildings, sculptures, statues, fountains, canals, flower stands, well-manicured bushes, formal elements: 'historical and cultural space'.

Table 1. Overview of eight dimensions of the recreational experience of urban green space (Adapted from Grahn and Stigsdotter 2010)

183

184 Initially, Randrup *et al.* (2008) developed a highly formalized and expert-based procedure for
 185 rec-mapping with the aim of achieving a high degree of quantification as a measurement
 186 (calculated as a total aggregated score) of an urban green space's recreational value.
 187 Schipperijn (2010) tested this approach against the perceived attractiveness and found no

188 statistical evidence that high scores correspond to attractive urban green spaces in the eyes
189 of users. A reason for the inappropriateness of using quantitative measures to assess
190 recreational qualities may be that just as urban green spaces can be viewed as ‘restorative
191 pauses’ within the built-up environment, ‘pauses’ may also be needed between experiences
192 in order to comprehend and appreciate their qualities. Although intuitively understandable,
193 ‘more’ is not necessarily ‘better’. Following the understanding developed by Regionplane-
194 och trafikkontoret (2001, 2004) in their work on ‘experience worlds’ in the green structure in
195 the Stockholm region, certain ‘areas’ – or buffer zones – are needed with no recreational
196 experiences within a high quality recreational urban green-space. Likewise, Ståhle (2006)
197 warns that the benefits arising from the inherent heterogeneity of urban space may recede if
198 focus shifts from complementarity to substitutability. Each experience may therefore in itself
199 better be viewed with no innate ranking order in their potential worth and use value. On the
200 other hand, representation of an experienced space within planning necessarily does imply a
201 certain level of reductionism (or quantification) (Ståhle, 2006). For example, Grahn and
202 Stigsdotter (2010) found that in a health perspective some (combinations of) experiences are
203 in general more beneficial than others. Following, Ståhle (2006) the challenge for city
204 planning is then to produce a practically useful method which meaningfully represents the
205 valued places and experiences of users in an urban spaces.

206 While biological and physical influences are present in one’s cognition of, and preferences
207 for, urban green spaces, personal, social, cultural, and geographical differences are also
208 influential (Bourassa, 1990; Herzog, 1992; Home *et al.*, 2010; Purcell *et al.*, 1994; van den
209 Berg and van Winsum-Westra, 2010; van den Berg *et al.*, 1998). Individual as well as
210 general public preferences for recreational experiences are therefore likely to differ across
211 personal, social, cultural, and national boundaries. This implies that personal experience is
212 partially influenced and learned through socialization and shared information. This highlights
213 a need to fully understand the extent to which those experiential dimensions of relevance for
214 a Swedish or Danish population can be applied effectively to measure the recreational
215 experience elsewhere. This points to a need to account for the local, cultural and
216 geographical contexts in which the urban green spaces and their users are located. With the
217 importance of context in mind, the next section outlines the application of rec-mapping in two
218 sites in Sheffield, UK.

219

220 **4. REC-MAPPING IN SHEFFIELD: PILOTING THE METHOD**

221 The pilot exercise was organised as a two-day workshop, where rec-mapping, its merits and
222 theoretical background were introduced and subsequently tested in two sites with
223 researchers and practitioners and subjected to a post-exercise evaluation. The workshop
224 was conducted in Sheffield in the summer of 2010 with practitioners from Sheffield City
225 Council, South Yorkshire Forest Partnership, members of a community organisation Friends
226 of Firth Park, and researchers representing different academic disciplines from the
227 Universities of Copenhagen and Sheffield. Two sites in Sheffield were selected as test sites.
228 At the time of the exercise, these sites were targeted for urban re-generation investment. The
229 two test sites are: 1) the South Street open space, part of Sheaf Valley Park, a run-down
230 green space located in the city centre at the back of the city’s train station and associated

231 with anti-social behaviour including drug use; and 2) Firth Park, a Green Flag awarded
232 Victorian park located in a residential area in the north of the city, which was redeveloping a
233 largely unused and disconnected area of the park which offers few facilities and attracts very
234 few visitors. Figures 1 and 2 provide aerial maps of the spaces. There is a contrast between
235 the two sites: Firth Park has a considerable number of recreational facilities while Sheaf
236 Valley Park currently has none.

237 **4.1. Firth Park**

238 Firth Park is situated 3 miles north of Sheffield city centre and is approximately 15.2 ha in
239 size (Figure 1). Firth Park is listed by Sheffield City Council as a City Park and Heritage Site,
240 and is on the English Heritage Register of Parks and Gardens of Special Historic Interest
241 (SCC, 2009). The features of the park vary: woodland, open amenity grassland areas,
242 specific sports facilities (including bowls, cricket and basketball), children's playground and
243 community buildings (Figures 2-3). The historic clock tower, former boating lake and Hinde
244 Common Wood are situated on one side of a main road, Firth Park Road, with the rest of the
245 park and recreational and community facilities on the other side. Firth Park is one of
246 Sheffield's oldest and most historic parks, opened in 1875, which fell into decline in the late
247 1970s. The management responsibility for Firth Park lies with the Parks and Countryside
248 Section of Sheffield City Council as trustees of the land. There is a long-established tradition
249 in Sheffield of the local authority working in partnership with 'Friends of' parks groups. These
250 groups are usually formed by residents with a common interest in a local green space and
251 may be particularly interested in improving the maintenance of a space, targeting resources
252 to make improvements to a space or organising events (Sheffield City Council, no date). The
253 establishment of the 'Friends of Firth Park' group in 1999 was central to the reversal of Firth
254 Park's decline (Burton, 2010). The rec-mapping exercise was conducted in all parts of the
255 park apart from Hinde Common Wood due to time constraints.

256 Figure 1 – aerial map of Firth Park



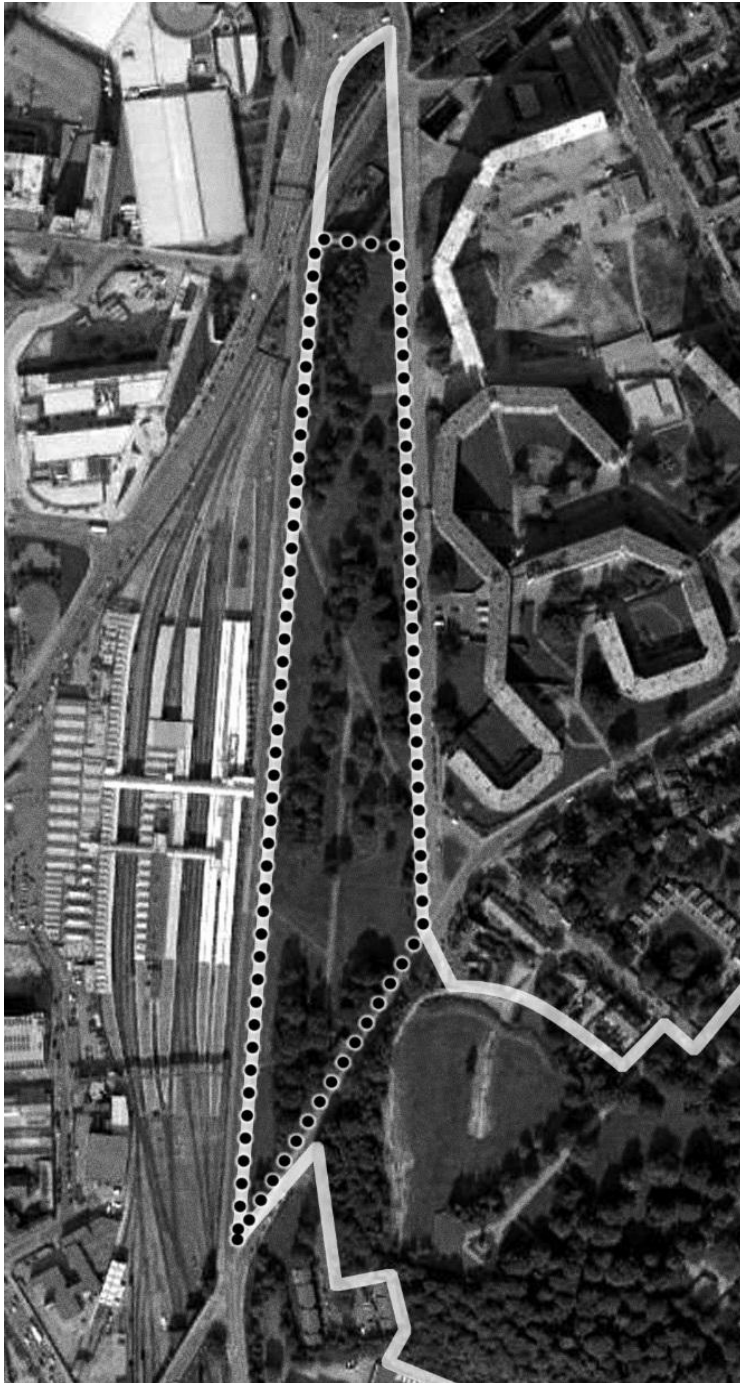
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258 Solid line shows the park boundary; dotted line indicates the area under redevelopment

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Sheaf Valley Park

Figure 4 – aerial map of Sheaf Valley Park



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biodiversity, events space and improved access between the city and surrounding neighbourhoods (MP4 Project, 2010).

Sheaf Valley Park is the name given to a new city park underpinned by a vision of linking a series of open spaces which are undergoing a process of regeneration from the city centre to Norfolk Park, one of the city's oldest public parks, situated 1 mile south-east of the city centre (Figures 4-6). The rec-mapping exercise was conducted in one part of Sheaf Valley Park owned by Sheffield City Council and referred to as the South Street open space. This space is located on a steep incline situated between the Park Hill flats and wider residential area beyond and the train station which acts as gateway to the city centre (SCC, 2010). This space is mainly used as a through-route as, apart from the steep banks of grass, there are no benches or sitting areas in which people might linger. Anti-social behaviour has been a problem due to poor lighting, with no natural surveillance with no houses overlooking the space and clusters of trees where drug-taking and drinking has taken place in the past. The South Street open space arguably has a reputation for being something of a forgotten or 'non-space'. The aims of the regeneration project is to turn this space into a well-used, safe 'place for all' with an arboretum, enhanced habitats for

303 **4.2. The applied procedure for rec-mapping**

304 Following the suggested step-by-step procedure forwarded by Lindholst *et al.* (2010) and
305 Lindholst (2010), information about recreational experiences was gathered through on-site
306 analysis with the particular context in mind. Before conducting the rec-mapping, the
307 participants attended a training session which outlined the practicalities of carrying out such
308 a site analysis and focused on the identification and interpretation of the eight dimensions in
309 a particular urban green space. Through feedback from participants, it became clear that
310 there were some difficulties in applying the terms as they are described in Table 1 because
311 of differences in language interpretation. Some participants highlighted for example,
312 'prospect' as an inaccurate description of how they might interpret the term. When
313 developing this particular dimension, Grahn and Stigsdotter make reference to the idea of
314 hunting grounds and savannahs (2010), whereas the Sheffield participants interpreted it as a
315 term indicating broad views across and out of the park.

316 The participants were divided into groups of six each with copies of a map of the park on
317 which to mark roughly where the different experiences occur. This was subject to a process
318 of on-going discussion among the group participants who were encouraged to take photos
319 and notes to provide information explaining their decisions. The groups conducted the
320 exercise in both parks. For this pilot exercise, the rec-mapping methodology was employed
321 with close attention paid by the researchers involved to ascertain the need for any
322 adaptation. Time was allowed at the end of the workshop to reflect on and discuss this. As
323 highlighted above, it was apparent from the outset that there would be some need for
324 adaptation because of the variation in context in which rec-mapping had been developed in
325 Scandinavia in natural settings and its application here in urban environments.

326 The tools for the on-site analysis are aerial photos and pens to mark the presence and
327 strength of participants' experiences. These experiences are marked according to 'zones' on
328 the aerial photo and their strength may be indicated on a scale from 0-3 (from 'no' to a 'full'
329 experience). Experiences (and zones) may overlap, creating multi-experiential spaces. They
330 may also be identified at different spatial scales and associated with particular pre-defined
331 areas, such as playgrounds or specific sports facilities, e.g. bowling green or cricket nets.
332 Participants were asked to record the presence and strength of their experiences by a
333 process of interpreting their perceptions of the particular space and, where necessary, with
334 reference to local knowledge as described below. The results of the on-site analysis for Firth
335 Park is summarised in a data table (Table 2) and graphically de-pictured in a rec-map (Figure
336 7). It should be noted that the graphical presentation of the rec-map based on the data table
337 for Firth Park could be done differently. The chosen format may here be adapted to
338 communication needs in the particular planning context.

Zone	Nature	Rich in Species	Serene	Space	Refuge	Prospect	Social	Culture	Notes
1	-	2	3	-	-	-	-	1	Bluebell garden
2	-	-	-	-	1	1	1	1	Boating lake area
3	3	2	-	2	-	-	-	-	Common wood
4	-	-	-	-	-	-	-	-	Road transition zone
5	-	-	-	2	-	3	2	-	Open park
6	-	1	-	-	-	1	-	-	Behind bowling green
7	-	-	-	-	3	3	3	1	Two bowling green(s)
8	-	1	-	-	-	-	-	-	Edge
9	-	-	-	-	3	-	3	-	Play area
10	-	-	-	-	-	-	-	2	Bedding plants
11	-	-	-	-	-	-	3	3	Main park entrance
12	-	2	1	-	-	-	-	3	Hard landscaping and plantings
13	-	-	-	-	-	-	1	-	Café
14	-	-	-	-	-	-	-	3	Park entrance (streetscape)
15	-	-	-	-	-	1	-	-	Open space
16	-	-	1	-	-	-	1	-	Teen shelter
17	-	-	-	-	-	-	3	-	Allotments
18	2	2	2	1	-	-	-	-	Entrance to Donkey Hill
19	3	-	3	2	3	-	-	-	Dense woodland
20	3	3	3	-	-	-	-	2	Donkey Hill
21	-	-	1	-	2	2	2	-	Cammell Road
22	-	-	-	2	-	-	2	-	Lonesome pine
23	1	-	1	-	-	-	-	1	Park entrance
24	-	2	-	-	-	-	-	-	Road edge
25	-	-	-	-	-	-	-	-	Car-park 'non-space'
26	-	2	-	-	-	-	-	1	A 'habitat' hotel

Table 2. Firth park, Experience data table. Legend: '-' = No experience, '1' = weak experience, '2' = good experience, '3' = full experience

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Figure 7 – rec-map of Firth Park (see also additional document for thematic maps)

343

344 **5. REFLECTIONS ON THE APPLICATION OF REC-MAPPING**

345 Throughout the process, comments and reflections were primarily documented by hand-
346 written notes. Photo-material, graphical presentations, and rec-maps also formed a part of
347 the documentation. An internal report was written up including sections on rec-maps and site
348 analysis, collection of reflections made by practitioners and researchers, and various other
349 materials. Based on these materials, the researchers elaborated a range of immediate
350 reflections that together with the comparison with the UK planning context, contributed to the
351 overall assessment of merits of rec-mapping as a planning method in UK.

352 The rec-mapping process allows people to focus their attention on a space while spending
353 time within it making on-site observations which they may never have been done before. It
354 provides a 'snap-shot' of experiences in a space and can easily be conducted again at a later
355 date if changes are made to a space, as it is not an overly time- or cost-intensive method of
356 data collection.

357 The methodology is robust and research-based, with theoretical and empirical
358 underpinnings, and provides an analytical approach to understanding people's perceptions of
359 space using a simple rationale. In addition, it provides planning and design professionals with
360 a tool for site management and forward planning which can highlight areas of potential
361 development and investment. And perhaps most importantly, it provides experts and users
362 with an opportunity to engage in dialogue about local spaces which are important to the
363 community or may be in the future.

364 The 'accuracy' of rec-mapping seems to depend on several dynamic aspects that are not
365 always present when conducting an on-site analysis. These include the ability both to filter
366 certain temporary influences away such as weather conditions or one's individual mood on
367 that particular day. Taking local knowledge into account is also important: this may relate to
368 existing knowledge about particular user groups and behaviours, or about specific trees and
369 plants, such as a bluebell glade which may not be in flower. Both the ability to create and
370 read an rec-map meaning fully requires knowledge on how to interpret experiences in
371 particular circumstances and understand their importance for the recreational value,
372 according to the descriptions provided in Table 1.

373 There are some drawbacks to rec-mapping which became apparent throughout the pilot
374 exercise. The methodology does not allow the participants to account for how people are
375 actually using spaces as it is perception-based and focused on individual experiences. It is
376 for this reason that planners and designers alone should not conduct the rec-mapping
377 exercise as they are not necessarily local residents or users of the space: it is important that
378 local users are involved in the process to provide an added layer of contextual information.
379 Gauging the experiences of different user groups is not wholly possible using the rec-
380 mapping methodology, unless 'user groups' are represented, e.g. ethnic minority groups/
381 teenagers, which requires a desire to be involved which cannot always be assumed.

382 Another drawback of the methodology is that it currently only focuses on positive
383 experiences and not negative ones, underlining the assumption that people actively seek
384 experiences in green spaces (Grahn and Stigsdotter, 2010). This is an oversight in an
385 applied perspective because there may be parts of a park that people avoid: with this new

386 information, planners and designers could use rec-mapping as a way of identifying areas
387 which are, for example, perceived to be poor quality or unsafe. Tyrväinen *et al.* (2007)
388 suggested and mapped at city-scale in Helsinki, Finland three important negative
389 experiences ('scariness', 'unpleasantness' and 'noise'). Such negative experiences might be
390 adopted for further innovation of an applied method. This can then be used in planning
391 spaces for the future or for park managers to target spaces for improvement. A further
392 drawback was highlighted and related to the experience one has at the park entrances and in
393 other 'transition' or 'buffer zones' as described earlier. It is to be expected that users would
394 have a different experience in these 'transition' spaces but this factor needs to be
395 incorporated into the methodology to capture the experience of passing from one kind of
396 space to another.

397 On the other hand, rec-mapping allowed participants a new language for describing the
398 recreational experience in different areas or zones in a particular park. For example,
399 participants were able to identify multiple experiences, such as the experience of nature,
400 serene, space and refuge in the area of dense woodland around Donkey Hill in Firth Park
401 (area 19). This kind of qualitative information cannot be measured or captured using existing
402 green space characterisations, which are limited to a description of the features or uses in a
403 space. This is particularly interesting when examining spaces which have little recreational
404 value: while objective measures may record Sheaf Valley Park as a biodiversity-rich green
405 space with ecological benefits, the personal experiences collected via rec-mapping highlight
406 strongly the poor experiences to be had there by users and the low value attributed to that
407 space, indicating a need to improve it with users in mind.

408 It should also be noted that there were some limitations of the pilot investigation itself. The
409 rec-mapping was not trialled with as wide a range of stakeholders as was hoped. For this
410 reason, it is not possible to be completely sure that all experiences and recreational values
411 are recorded. Two specific sites were examined which, while providing usefully divergent
412 examples, are not representative of urban green spaces and more sites need to be rec-
413 mapped in the UK to test the robustness of the methodology and confirming the validity and
414 reliability of the terminology used. A validation procedure would also be required based on a
415 high degree of consensus among stakeholders: this corresponds with conclusions reached
416 by Home *et al.* (2010). A further benefit of the methodology is how it can be summarised in a
417 range of formats including data tables, rec-maps, photos, keywords and descriptions, and
418 integrated into a GIS.

419 **6. CONCLUSIONS**

420 There is currently no statutory obligation for evaluation to form a part of planning processes
421 in the UK, despite being widely supported as providing important information not collected
422 elsewhere (Dempsey and Burton, 2011). In general, it is advisable for planners and
423 designers to take a pragmatic and collaborative approach to understanding how a space is
424 used and might be in the future. The pilot shows that rec-mapping is a useful tool for
425 effectively 'zoning' a space and getting an understanding of users' potential experience(s) in
426 different parts of that space. It provides a new language for identifying the potential for

427 improvement with the advantage that it is not simply immersed in discussions about
428 characteristics and features such as inventories or maintenance standards, but about the
429 quality and location of the recreational experiences as well. The pilot does show that rec-
430 mapping should complement other methods of green space measurement, as it does not
431 provide an exhaustive qualitative characterisation of spaces, to contribute to a fuller
432 understanding of the site(s) in question. While the eight experiences 'made sense' in the pilot
433 project, it is necessary to consider the cultural context within rec-mapping is conducted, and
434 that some aspects of the methodology may need to be adapted (such as specific terms used
435 and spaces explored) beforehand. Overall, rec-mapping provides a new layer of information
436 which cannot be measured in existing qualitative open space assessments. Alongside other,
437 more objective methods, rec-mapping is a robust method for evaluating recreational value
438 and quality and can provide planners and designers with an improved understanding of the
439 recreational qualities of a site, and can help identify potential areas for recreational
440 improvements.

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